

Helergon Kitchen

# Starbucks Dole Whip Refresher

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| **10 min**<br>Prep time | **10 min**<br>Total time | **4**<br>Servings |
| **Easy**<br>Difficulty | **American**<br>Cuisine | **Beverage**<br>Course |

## Ingredients

### Main Ingredients

- [ ] 2 cups pineapple juice
- [ ] 1 cup full-fat coconut milk
- [ ] 1 cup ice cubes
- [ ] 1 tbsp fresh lemon juice
- [ ] ½ tsp vanilla extract
- [ ] 1 tsp honey (optional)

## Instructions

1. Gather all ingredients, give the coconut milk a good shake, and set the ice nearby.
2. In a blender, combine pineapple juice, coconut milk, lemon juice, and vanilla; blend until smooth.
3. Add the ice cubes gradually while the blender is running; blend until the mixture is thick and frothy.
4. Taste and stir in honey if you want extra sweetness; then pour into chilled glasses and garnish with a pineapple wedge.

### Nutrition per serving

| 150 kcal | 1 g | 18 g | 8 g |
|---|---|---|---|
| Calories | Protein | Carbs | Fat |

### Tips & notes

- If the mixture is too thin, add a few more ice cubes and blend again.
- For a richer taste, use coconut cream instead of milk.
- Serve immediately for the best texture; it will harden if left too long.